CREATING A COMMITMENT TO TRAUMA INFORMED PRACTICE GOLD LEVEL

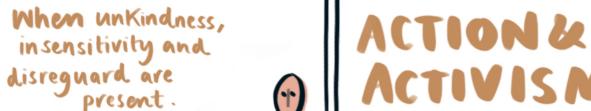
WITH NICOLA LESTER

ORGANISATIONAL RESPONSES TO TRAUMA, POWER AND BETRAYAL

with KNOWLEDGE Wecan makea difference.

organisations and systems have POWER

CHANGE IS Commitment to offer Kindness, POSSIBLE care and



support

THE SHARING

THE ALIGNMENT

is also sometimes needed - find your allies and networks of

LANGUAGE TONE MEANING POWER

the value and impact of simply being HUMAN





Hen we step into another

VICARIOUS

TRAUMA

work with trauma.

The personal transformation

IT IS A FACT

OF LIFE for those

trauma.

GEMEN>

working with

experienced by those who

IS CONTAGIOUS

The committment

whole heart, even if

it might break our

heart

to work with our

ENDING TRAUMA WELL

The relationships which are established are characterised bu:

INFORMED EVERYTHING 13 EVERYONES BUISHESS



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PRACTICE A way of SEEING, BEING

and KNOWING

MAKING SENSE

OF TRAUMA

INFORMED

A Response to crisis.

S.E.N.S.E TRAUMA

INFORMED INTERVENTIONS

offers are norm EMPOWERMENT

To be guided from disconnection to reconnection

Look for

connection

can find it.

where ever you

can and must exceed all expectations

ENDURANCE

BUT THERE WILL BE DARKNESS AND LIGHT

measuring impact.

RECONNECTION

DON'T TURN NAMA

compassion.

CHALLENGE POWER







we must offer ourselves the same love, care and compassion

OUR HEARTS:

THE IMPACT OF

WORKING WITH

TRAUMA

COMPASSION

FATIGUE

Exhaustion and Dysfunction
Biologically, psychologically & socially.

BURNOUT

A state of physical and emotional exhaustion -

impacting mental

and physical

















NOW

RAUMATISED Creating a ORGANISATIONS SELF COMPASSION

Never underestimate

CURIOSITY

+ INSPIRATION

KNOWING OUR

VALUE + VALUES

break

COMMITMENT

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