

Making a Worry Doll



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PSYCHOLOGICAL TRAUMA CONSULTANCY



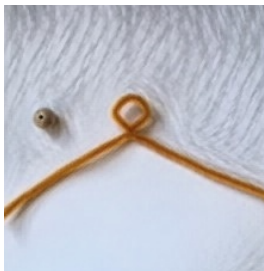
Pipe cleaner and bead

Fold pipe cleaner in half

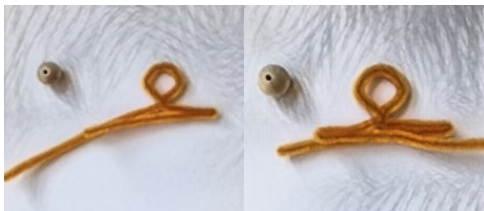


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Twist a loop



Fold in arms

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Twist body



Squeeze head



Thread pipe cleaner
through bead

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Open up loop above head



Cut some wool for hair



Tie hair in the middle

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Fold hair over



Push hair through loop



Twist and squash down pipe cleaner loop to secure hair



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Draw face



Start making clothes – knot wool

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Knot at the back



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