

GREAT MENTAL HEALTH DAY IN LONDON



FRIDAY, 31 JANUARY 2025

We all need community. We all need connection. This **#GreatMentalHealth** Day, let's celebrate the organisations and those in our communities who are devoting energy and compassion to others.

To get involved, visit
[**thrivedn.co.uk/greatmentalhealth**](https://thrivedn.co.uk/greatmentalhealth)



SCAN ME